An interdental brush cleans between the teeth, where a toothbrush does not reach. Use daily as a complement to your regular toothbrushing to keep gums and teeth healthy.

TePe’s wide assortment of interdental brushes offers an option for everybody. The brushes are available with a choice of handle lengths, angles and bristle texture. To fit narrow and wider interdental spaces, they come in several color-coded sizes. All sizes and models have plastic-coated wire for safe use. Your hygienist/dentist can help you choose the proper size(s).

How to brush between your teeth

1. Insert the brush gently between your teeth. Look in the mirror for easier use. Do not force the brush into a space, choose a smaller size if the brush is too big.
2. Move the brush full length back and forth a few times.
3. Rinse the brush in water after use. Replace it when the bristles become worn.

Trusted by Dental Professionals Around The World

Since its start in Sweden in 1965, TePe has been developing and manufacturing quality oral hygiene solutions. Today oral health professionals recommend TePe products to consumers in over 50 countries. With TePe products, consumers get the benefit of an extensive range of interdental and specialty brushes in a wider variety of sizes and designs than any brand worldwide.
The tooth has 5 sides – do you clean them all?

With a toothbrush you clean the front, back and biting surface of the tooth. It is easy to forget that the tooth has two more sides – between the teeth.

The most common oral diseases start between the teeth. By daily interdental cleaning, both gum disease and cavities can be successfully prevented. TePe offers a wide range of cleaning devices for efficient plaque removal between the teeth.

Did you know that toothbrushing cleans only 60% of the tooth?

Three simple steps to a healthy smile and a fresh breath:

1. Brush your teeth with a toothbrush and fluoride toothpaste twice a day.
2. Clean between the teeth using an interdental brush, floss or dental stick.
3. Use a tongue cleaner to remove bacteria from the tongue.

TePe Interdental Brushes – original
The original range of TePe Interdental Brushes comprises nine color coded sizes. The user-friendly handle offers a stable and convenient grip. High quality bristles for maximum efficiency and durability. All sizes come with plastic coated wire for safe use.

TePe Interdental Brushes – extra soft
A unique range of interdental brushes with specially selected, extra soft bristles for gentle cleaning. Recommended for delicate oral tissue. Available in six sizes.

TePe Dental Floss
TePe’s dental floss is flat, wide and waxed for optimal plaque removal.

TePe Mini Flosser™ is a small and convenient floss holder for easy use, even in very narrow interdental spaces. It is especially useful for those who find regular floss difficult to handle.

TePe Dental Sticks
TePe’s wooden dental sticks are triangular to fit the natural shape of the interdental space. Available in three sizes.

The extra slim plastic stick, suitable for narrow interdental spaces, has a slightly textured surface for a more efficient clean.

Storage and Travel
TePe Brush Holder offers hygienic storage of interdental brushes in the bathroom.

The Travel Case fits six TePe Interdental Brushes original or extra soft.

TePe Interdental Brushes – the angled interdental brush
This brush is angled for excellent access to all interdental spaces. The slender, angled brush head facilitates use between the back teeth and from the inside. The long, flat handle provides an ergonomic grip and makes it easy to manage. Available in six sizes.